



SELF-HAIRCUT CHECK LIST



BY ALEX KOURAS

BEFORE YOU GET STARTED

- PURCHASE ALL TOOLS < \$150 (WWW.SELFHAIRCUTUNIVERSITY.COM/SELF-HAIRCUT-GROOMING-TOOLS)
- YOUR CLIPPER MUST HAVE A 1. LEVER 2. BE CORDLESS 3. HAVE THE #0.5 GUARD & #1.5 GUARD
- POSITION THE \$7 MIRROR AT A 30-45 DEGREE ANGLE ON TOP YOUR BATHROOM VANITY
- MAKE SURE YOU USE 5,000K LED LIGHT BULBS (AT LEAST 2-3 LIGHT BULBS)
- PHONE CAMERA & TRIPOD READY TO RECORD (REVIEW FOR MISTAKES AFTER THE SELF-HAIRCUT)
- ALL TOOLS ARE READY: CLIPPERS, TRIMMERS, CLIPPER GUARDS, BRUSHES, DUCK CLIPS, SCISSORS, COMB
- MAKE SURE YOUR CLIPPERS & TRIMMERS ARE FULLY CHARGED
- BOTH THE MAIN MIRROR & \$7 MIRROR ARE WIPED CLEAN FOR OPTIMAL VISION
- WRITE DOWN THE STEP BY STEP PROCESS FOR YOUR SELF-HAIRCUT OR FOLLOW ALONG W/ A VIDEO TUTORIAL

MISTAKES YOU NEED TO AVOID DURING THE SELF-HAIRCUT

- DO NOT CUT YOUR HAIR WITH CLIPPERS & TRIMMERS ON WET HAIR. ONLY ON DRY HAIR.
- DO NOT CUT YOUR HAIR ON TOP WITH SCISSORS ON DRY HAIR. WET YOUR HAIR FIRST.
- IF YOU WEAR GLASSES, PLEASE WEAR THEM OR PUT ON CONTACT LENSES
- USE THE CLIPPER GUARDS IN SEQUENTIAL ORDER: #0.5, #1, #1.5, #2, #3, #4, #5, ETC...
- USE THE DUCK CLIPS TO SECTION OFF THE LONG HAIR ON TOP TO THE SHORT HAIR ON THE SIDES & BACK
- ALWAYS BRUSH THE HAIR OFF YOUR CLIPPER BLADES IN BETWEEN EACH GUIDELINE OR GUARD CHANGE

AFTER YOU FINISH THE SELF-HAIRCUT

- USE YOUR FADE BRUSH & NECK DUSTER TO REMOVE ALL HAIR FROM YOUR CLIPPER & TRIMMER BLADES
- SPRAY YOUR CLIPPER & TRIMMER BLADES WITH ANDIS COOL CARE AFTER EVERY 1-2 USES
- COLLECT ALL THE CUT HAIR & DISPOSE IN A TRASH BAG. DO NOT DISPOSE IN YOUR HOMES PLUMBING SYSTEM
- WATCH THE RECORDED FOOTAGE & FIGURE OUT HOW YOU COULD IMPROVE FOR YOUR NEXT SELF-HAIRCUT

NOTES: