



# SELF-HAIRCUT CHECKLIST



BY ALEX KOURAS

## BEFORE YOU GET STARTED

- Purchase all tools < \$150 ([www.selfhaircutuniversity.com/self-haircut-grooming-tools](http://www.selfhaircutuniversity.com/self-haircut-grooming-tools))
- YOUR CLIPPER MUST HAVE A 1. LEVER 2. BE CORDLESS 3. HAVE THE #0.5 GUARD & #1.5 GUARD
- POSITION THE \$7 MIRROR AT A 30-45 DEGREE ANGLE ON TOP YOUR BATHROOM VANITY
- MAKE SURE YOU USE 5,000K LED LIGHT BULBS (AT LEAST 2-3 LIGHT BULBS)
- PHONE CAMERA & TRIPOD READY TO RECORD (REVIEW FOR MISTAKES AFTER THE SELF-HAIRCUT)
- ALL TOOLS ARE READY: CLIPPERS, TRIMMERS, CLIPPER GUARDS, BRUSHES, DUCK CLIPS, SCISSORS, COMB
- MAKE SURE YOUR CLIPPERS & TRIMMERS ARE FULLY CHARGED 🔋
- BOTH THE MAIN MIRROR & \$7 MIRROR ARE WIPED CLEAN FOR OPTIMAL VISION
- WRITE DOWN THE STEP BY STEP PROCESS FOR YOUR SELF-HAIRCUT OR FOLLOW ALONG W/ A VIDEO TUTORIAL

## MISTAKES YOU NEED TO AVOID DURING THE SELF-HAIRCUT

- DO NOT CUT YOUR HAIR WITH CLIPPERS & TRIMMERS ON WET HAIR. ONLY ON DRY HAIR.
- DO NOT CUT YOUR HAIR ON TOP WITH SCISSORS ON DRY HAIR. WET YOUR HAIR FIRST.
- IF YOU WEAR GLASSES, PLEASE WEAR THEM OR PUT ON CONTACT LENSES
- USE THE CLIPPER GUARDS IN SEQUENTIAL ORDER: #0.5, #1, #1.5, #2, #3, #4, #5, ETC...
- USE THE DUCK CLIPS TO SECTION OFF THE LONG HAIR ON TOP TO THE SHORT HAIR ON THE SIDES & BACK
- ALWAYS BRUSH THE HAIR OFF YOUR CLIPPER BLADES IN BETWEEN EACH GUIDELINE OR GUARD CHANGE

## AFTER YOU FINISH THE SELF-HAIRCUT

- USE YOUR FADE BRUSH & NECK DUSTER TO REMOVE ALL HAIR FROM YOUR CLIPPER & TRIMMER BLADES
- SPRAY YOUR CLIPPER & TRIMMER BLADES WITH ANDIS COOL CARE AFTER EVERY 1-2 USES
- COLLECT ALL THE CUT HAIR & DISPOSE IN A TRASH BAG. DO NOT DISPOSE IN YOUR HOMES PLUMBING SYSTEM
- WATCH THE RECORDED FOOTAGE & FIGURE OUT HOW YOU COULD IMPROVE FOR YOUR NEXT SELF-HAIRCUT



ALEX KOURAS PRESENTS

## SELF HAIRCUT UNIVERSITY

### 14 DAY SELF-HAIRCUT COURSE

This course is for anyone who wants to learn the simple steps to cutting your own hair without wasting years trying to figure it all out on your own like I did... Learn more [👇](#)

[SELFHAIRCUTUNIVERSITY.COM](http://SELFHAIRCUTUNIVERSITY.COM)

